

Resistance Toolkit

Know Your Rights Quick Guide

Interactions with Police:

- Remain calm and respectful but assert your rights clearly.
- You have the right to remain silent. Provide your name and address only if required.
- If stopped, ask clearly: "Am I being detained?" If not, you may leave.

Protests & Arrests:

- You have the right to peacefully protest.
- Police may only search you with reasonable grounds or consent.
- Demand legal representation immediately upon arrest.

Printable Wallet Card:

- Front: Rights summary, emergency legal numbers
- Back: "I do not consent to searches. I exercise my right to silence."



FOI Request Templates

How to File an FOI Request:

- Clearly define information requested.
- Specify formats desired (digital, printed).
- Legally, authorities must respond within 20 working days.

Example Template:

Subject: Freedom of Information Request

Dear [Authority Name],

Under the Freedom of Information Act 2000, please provide the following information:

[Insert specific request details here]

Thank you,

[Your Name]

Tips for Effective Requests:

- Be precise and specific.
- Always ask for digital documents where possible.
- Follow up regularly.

Digital Security Basics

Encrypt Your Communications:

- Use Signal or Matrix/Element for messaging.
- Email via ProtonMail or Tutanota.

Anonymous Browsing:

- Use Tor Browser for general anonymity.
- VPN (Mullvad) to protect location/IP.

Secure Your Devices:

- Full-disk encryption (BitLocker, VeraCrypt).
- Regular updates and antivirus scans.

Recommended Tools:

- Password Manager: KeePassXC
- Browser: Brave or Firefox (with privacy add-ons)



Organising & Mutual Aid 101

Starting/Joining Groups:

- Identify local needs, build community trust.
- Establish clear objectives and accountability mechanisms.

Principles of Mutual Aid:

- Solidarity not charity.
- Voluntary, reciprocal support.

Conflict Resolution:

- Transparent, respectful dialogue.
- Facilitate structured meetings and mediation if required.



Protest Preparedness Checklist

Essentials:

- Water, snacks, personal medication
- Identification, cash, emergency contacts written down

Clothing:

- Comfortable layers, weather-appropriate
- Face coverings or masks for privacy

Legal Preparedness:

- Note legal observer numbers (Green & Black Cross)
- Lawyer or emergency contact numbers ready

Safety Measures:

- Stay in groups, establish buddy systems
- Clearly communicate entry/exit points and emergency strategies

Printable Posters & Stickers

Poster Messages:

- "Know Your Rights"
- "Privacy is Power"
- QR Codes linking to essential resources

Sticker Ideas:

- "Encrypted = Protected"
- Anti-surveillance icons

Sample Scripts for Direct Action

Contacting MPs and Councillors:

Dear [MP/Councillor Name],

I am writing to express concern about [issue]. As your constituent, I urge immediate action...

[Provide specific demands and expectations]

Respectfully,

[Your Name, Address/Postcode]

Speaking at Council Meetings:

- Clearly state your name and community affiliation.
- State your concern, propose actionable solutions.

Challenging Surveillance Policies:

Dear [Local Authority/Company],

I am concerned about the increasing use of surveillance technologies in our community, particularly [specific tech, e.g., facial recognition].

I urge you to immediately halt the use and deployment of these systems due to privacy concerns and lack of transparent oversight...

Sincerely,

[Your Name]